

SHEENA BLACK, MD

Orthopaedic Surgeon, Sports Medicine



PHYSICAL THERAPY CENTERS 2022 - 2023

Facility/Location	Address	Zip	Phone	Fax	PT
McKINNEY					
BSW Institute for Rehab - Eldorado (RTS, BFR, AG)	2960 Eldorado Parkway, Suite 75	75070	972-562-0713	972-562-0932	Matthew Dunn, Mark Kendal, Wendy Davidson
BSW Institute for Rehab - Red Bud (RTS)	1705 W. University Drive, Suite 119	75069	972-569-8860	972-569-9746	Jimmy Armentrout, Josh Crumley, James Van Heusen
BSW Institute for Rehab - Lake Forest (AG)	5236 W. University Drive, Suite 3500	75071	469-952-5082	469-952-5043	Aaron Bradford, Jordan Meregini
Achieve Physical Therapy - McKinney	6091 W. University Dr., Suite 103	75071	469-634-4905	469-656-4900	Katie Oliva
Peak Physical Therapy - McKinney	3935 S. Lake Forest Dr., Suite 120	75070	214-495-0763	214-383-1492	Clifford Leach, Lanette Lubwama, Daniel Kominsky
PT Concepts of McKinney	240 Adriatic Pkwy., Suite 200	75070	469-294-4664	214-377-6243	Hope McAfee DPT, Lejoy Mathew DPT
Vista Physical Therapy - McKinney (BFR)	3565 Lakota Tr., Suite 100	75070	214-592-0599	214-592-0596	Bobby Curtis, Josh Skadeland, Chipper Bridges
FRISCO / THE COLONY / LITTLE ELM					
BSW Institute for Rehab - The STAR (Return to Sport, BFR, Alter G)	3800 Gaylord Parkway, Suite 130	75034	214-872-1699	214-872-1920	Jared Gilesple, Jess Wulke, Ronnie Pawley, Katie Lynch, Paul Sienkiewich
BSW Institute for Rehab - Main Street (BFR, Alter G)	5858 W. Main Street, Suite 160	75034	972-712-2669	972-712-4514	Elizabeth Arenas, Stan Okeke, Tara Delaney, Carol Cox
BSW Institute for Rehab - Coit (Alter G)	5375 Coit Road, Suite 110	75035	214-618-5357	214-618-5378	Geoff Cox, Andrew Cardenas
BSW Institute for Rehab - Stonebrook	8204 Stonebrook Parkway	75034	972-335-1407	972-335-1408	Brian Weger
BSW Institute for Rehab - The Colony	4897 Highway 121, Suite 140	75056	469-362-3714	469-362-3942	Bethany Guerra
BSW Institute for Rehab - Little Elm	2700 E. Eldorado Parkway, Suite 409	75068	972-987-4023	972-987-4308	Hunter Gaulke, Laura Talbert, Christina Abraham
Achieve Physical Therapy - Frisco (BFR)	7548 Preston Road, Suite 145	75034	972-712-9693	972-712-9625	Colby Pigg, Henry Frye, Rachel Dobson
FIT Physical Therapy	5480 FM 423, Suite 2100	75036	214-494-4643	214-494-4654	John McCadden
Peak Physical Therapy - Frisco	7777 Warren Pkwy, Suite 380	75034	972-377-4111	972-377-4148	Sean Lambert, Jack Teal, Katya Marlowe (dancers)
PT Concepts of Frisco North	13108 Dallas Pkwy.	75034	469-213-7550	214-377-6243	Restin Tom DPT, Tyler Stewart DPT
PT Concepts of Frisco West	4040 Legacy Dr., Suite 203	75034	469-850-0006	214-377-6243	Jerry Jacob DPT
Therapy Partners of North Texas - Frisco (BFR)	5000 Eldorado Pkwy., Suite 430	75033	214-436-4606	214-436-4794	Ben Selbo DPT, Julia Stewart DPT
ALLEN					
BSW Institute for Rehab - Allen	997 Raintree Circle, Suite 170	75013	972-727-1931	972-727-0065	Lorenzo Vite, David Thomas
Achieve Physical Therapy - Allen	1206 E. Main St., Suite 102	75002	972-325-1390	972-325-1391	Juhi Patel, Brian Hunter
PT Concepts of Allen	610 South Watters Road, Ste 100	75013	469-294-4294	214-377-6243	Daniel Trevizo DPT
Vista Physical Therapy - Allen (BFR)	1101 Raintree Cir., Suite 150	75013	214-509-0029	214-452-5677	Heather Rudd, Parker Folliard, Lauren Ruhnke
ANNA					
Vista Physical Therapy - Anna	2100 W. White St., Suite 290	75409	469-269-5732	469-269-5733	Michael Middlebrooks
RTS = Return to Sport Program AG = AlterG Machine BFR = Blood Flow Restriction Therapy					

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DALLAS					
BSW Institute for Rehab - Carroll Ave. (RTS, BFR, AG)	1015 N. Carroll Avenue, Suite 100	75204	214-887-6580	214-887-6252	Alex Green, Matt Kawash
BSW Institute for Rehab - Lake Highlands (RTS, BFR)	6243 Retail Road, Suite 600	75231	214-890-9853	214-890-9856	Jason Wishin
BSW Institute for Rehab - Addison (RTS, BFR)	4135 Beltline Road, Suite 122	75001	972-789-9527	972-789-9541	Matt McCoy, Ashley Brandish
Orthopedic Manual PT - Dallas (BFR)	8144 Walnut Hill Lane, Suite 100	75231	214-346-0677	214-346-0324	Josua Buis DPT, John Morey DPT, Rich Silliman PT
Orthopedic Manual PT - Uptown (BFR)	3500 Oak Lawn, Suite 110	75219	214-242-8904	214-272-3644	Josua Buis DPT, John Morey DPT, Rich Silliman PT
BSW Institute for Rehab - Landry Center	411 N. Washington Avenue, Suite 400	75246	214-820-7457	214-820-1654	Rachel Hardin
MELISSA					
PT of Melissa	3201 McKinney St.	75454	972-837-4450	972-837-4451	Kevin Bierle, Laura Plummer, Cole Cisneros
Vista Physical Therapy - Melissa (BFR)	3059 Champions Way, Suite 400	75454	469-885-8671	469-749-7485	Jaci Danielson
PLANO					
BSW Institute for Rehab - West Parker	4701 W. Parker Road, Suite 625	75093	972-398-2555	972-398-9003	Amber Ingram, Jordan Ratermann
BSW Institute for Rehab - Alliance	4825 Alliance Boulevard, Suite 200	75093	469-606-1378	469-606-1383	Emily Smilie
BSW Institute for Rehab - 15th (BFR)	3700 W. 15th Street, Bldg. B, Suite 200	75075	972-867-7675	972-985-1788	Karrie Johnson
Achieve Physical Therapy - Plano (AG)	2200 Los Rios Blvd., Suite 132	75074	972-509-5070	972-509-1557	Steve Long, Josh Roberson
Associates Physical Therapy	4601 Old Shepard Pl., Bldg 2, Ste. 200	75093	214-556-8905	214-556-8908	Jarol Baumann
Centre of Physical Rehabilitation	2301 Coit Rd, Suite A & B	75075	972-599-9191	972-599-2323	Hunter Mandeville, Serge S, Cassy Thomas
The Institute for Sports & Spine Rehab	1101 Ohio Dr., Suite 110	75093	972-985-2622	972-985-2630	Tom Domino, Dave Zeigler, Kendra Pike
Orthopedic Manual PT - Plano (BFR)	3012 Comunications Pkwy, Bldg 5, Ste 100	75093	469-467-6868	469-467-6873	Rich Silliman PT, Scott Cloud PT
PT Concepts of Plano West	6200 Preston Rd., Suite 100	75024	469-850-0120	214-377-6243	John Story PT
Vista PT - Plano	6105 Windcom Ct., Suite 300	75093	972-781-1111	972-781-1101	Sarah(Agustin)Yonts, Jake Spivey, Dharni Nathwani
PRINCETON					
Peak Physical Therapy - Princeton	200 Beauchamp, Suite 112	75407	469-378-3464	469-378-3697	Natalie Masten, Ashley Correa
PROSPER / AUBREY					
BSW Institute for Rehab - Prosper (RTS, BFR)	1450 N. Preston Road, Suite 40	75078	972-433-1322	972-433-1378	Preston Brown
BSW Institute for Rehab - Aubrey (BFR)	26795 US Highway 380, Suite 100A	76227	940-440-5290	940-440-5291	
Achieve Physical Therapy - Prosper (BFR)	241 N. Preston Road, Suite B	75078	214-227-7224	214-305-4077	Cozette Hanegan
Peak Physical Therapy - Prosper	1000 N. Preston Rd., Suite 50	75078	972-347-9756	972-347-9761	Matthew Matson, Heather Denton, Cassidy Staber
Vista Physical Therapy - Prosper	821 N. Coleman St., Suite 160	75078	972-347-1111	972-347-1116	Kristin Duckworth, Sydney Taffe, Eric Stencer
SHERMAN / VAN ALSTYNE					
Texoma Rehab & Sports Medicine Clinic	3409 Post Oak Crossing	75092	903-892-9590	903-893-4449	Pat Deligans
Peak Physical Therapy - Van Alstyne	176 N. Main Street	75495	903-482-9741	903-482-9742	James Mosby, Daniel H.
WAXAHACHIE					
BSW Institute for Rehab - Waxahachie	2460 N. I-35E, Suite 260	75165	972-938-3311	972-935-0128	Ryan Thornton, Ashlea Miller
North Texas Fitness & Therapy Center	206 South State Highway 342	75154	469-373-2967	888-614-1885	Marcy Maines
CHIROPRACTOR					
Sherman Sports & Spine	4849 Greenville Ave, Suite 1180	75206	469-802-6055		Logan Sherman, DC
	6105 Windcom Ct., Suite 300	75093	469-802-6055		Logan Sherman, DC
Chiro Concepts - Arora Family Chiropractic	4040 Legacy Dr, Suite 203	75034	214-618-7746		Puneet Arora, DC, Michael Holder DC